

# KIDS CLUB

MARCH 2025 NEWSLETTER



## SAVE THE DATES

March 3rd

SUMMER CAMP REGISTRATION IS  
OPEN TO PUBLIC!

NEW FAMILY REFERRAL DISCOUNT!

New Families & Current Families  
who refer a brand-new family, will receive  
a 10% discount off your first week of camp!

March 13th

KC Board Meeting

March 18th at 6:00p

Stevens PTA Meeting  
(Childcare provided by KC)

March 21st

KC EARLY CLOSURE @ 4:30 pm

March 24th

April 14th-18th Spring Break

FULL DAYS

Registration is OPEN!

April 1st

25-26 School Year  
Kindergarten Registration  
OPENS to  
CURRENT KC FAMILIES!

SLEDDING MID-WINTER BREAK 2025 MEMORIES



# KC-STAFF UPDATES...

**MS. KIKI HAS MOVED ON TO WORK AT STEVENS FULL TIME AFTER ALMOST 10 YEARS AT KC! THANKS FOR ALL YOU HAVE DONE FOR THE KC COMMUNITY!**



**CONGRATULATIONS TO FUNE! HE HAS BEEN PROMOTED INTO THE ASSISTANT DIRECTOR ROLE AT KIDS CLUB!**



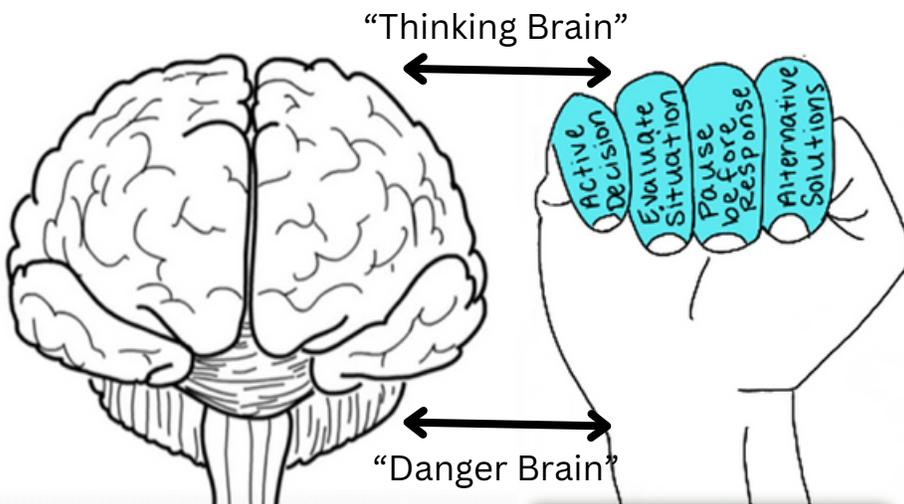
# KIDS CLUB CAREGIVER TIP OF THE MONTH!

Have you ever wondered why we might make poor decisions or seem “out of control”?

If the limbic system, “danger brain” is firing too much, then the strings of communication between our “danger brain” and our “thinking brain” or cortex can be frayed, snapped, or loosen causing someone to “flip their lid”. These strings must be strengthened or tied securely through practice and support!

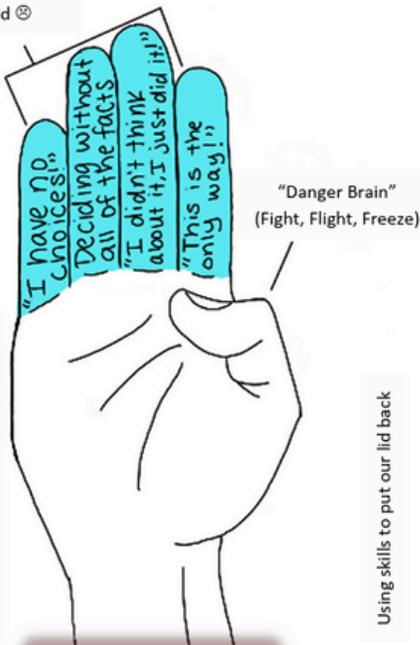
As adults in relationships with children, we must help kids strengthen these “strings” by providing them with:

- appropriate connections (emotional and physical)
- helping them to understand what is upsetting them and how to manage that “name it to tame it”!
- creating consistency in their lives with routines, rituals & expectations
- practice problem solving skills when a struggle may come up
- allowing natural consequences to occur
- understanding what helps them regulate their energy!



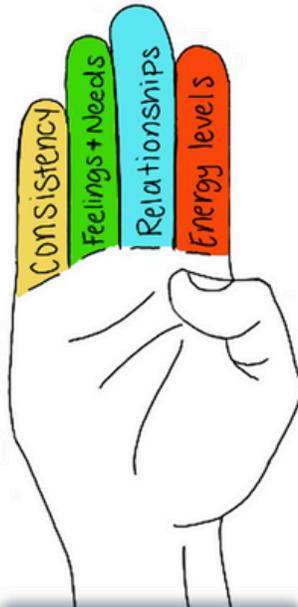
“Flipping Your Lid” Hand model courtesy of Dan Siegel

Flipped our lid ☹️



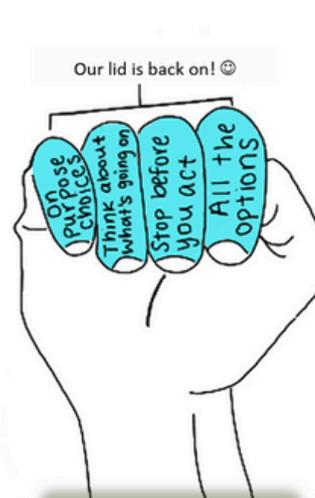
When we “flip our lid”, our brain doesn't work as well!

Using skills to put our lid back



Skills we and caregivers use to help us keep our lids on, so we can use our brains!

Lid is on – skills are working!



When we keep our lid on, our brain works better!

**Check out this video for more!**



Where is your brain?



READY to learn



Caution Triggered



FLIPPING YOUR LID

# 2025 Summer Camp

## "FUN TO THE CORE!"

### Harry Potter

Week 1: June 25th-27th

\$240 (\$260 after 5/31/25)

All young Witches and Wizards are hereby invited to return to Hogwarts for a time filled with enchanting lessons and magical adventures!

### Teeth, Scales, Feathers, Oh My!

Week 2: June 30th-July 2nd

\$240 (\$260 after 5/31/25)

Learn about animals and maybe even get to play with a few! At Kids Club, we are pet friendly...even for the scaly ones!

### A Splish of This & A Splash of That!

Week 3: July 7th-11th

\$395 (\$415 after 5/31/25)

Let's make every splash count! Flip flops, beach towels, sunscreen, and belly flops! Our annual trip to Henry Moses Water Park is this week!

### The Last "Kids Club" on Earth Book. 2

Week 4: July 14th-18th

\$395 (\$415 after 5/31/25)

WARNING: Help save Kids Club from a SILLY Monster Apocalypse by solving puzzles, combatting creatures, searching for clues and maybe even get a little messy!

### Survivor Week

Week 5: July 21st-25th

\$560 (\$580 after 5/31/25)

Nature calls, but we let it go to voicemail! Kids Club's traditional overnight at Camp Burton brings a special twist as the children will get the chance to participate in this "SURVIVOR" themed week!

### A Blast from the Past

Week 6: July 28th-Aug 1st

\$395 (\$415 after 5/31/25)

It's never too late to live in the past! We are bringing back some of Kids Club's favorite activities & field trips from past summers!

### Take Me Out to the Games Week!!

Week 7: Aug 4th-8th

\$395 (\$415 after 5/31/25)

Take me out to the crowd and join us for a Tacoma Rainiers Baseball Game, friendly competition activities, and team building fun! Maybe even some peanuts and cracker jacks?

### Deep Blue SEATTLE

Week 8: Aug 11th-15th

\$395 (\$415 after 5/31/25)

Explore the watery-world around SEATTLE and dive into lots of wet and wild activities at Kids Club, one drop at a time!

### That's a (W)RAP!

Week 9: Aug 18th-22nd

395 (\$415 after 5/31/25)

In a snap, get ready to clap, cause that's a (w)rap! You will be having fun with rhythms, rhymes and rap this week. A play on words one might say?

REGISTRATION  
OPENS  
MARCH 3RD

Make sure to check out our summer camp flyer & REGISTRATION available on our WEBSITE! ALSO more details including pricing!