

Kids Club

MARCH 2024 NEWSLETTER

SAVE THE DATES!

MARCH 1ST

SUMMER CAMP REGISTRATION IS OPEN!



NEW FAMILY REFERRAL DISCOUNT!

NEW FAMILIES & CURRENT FAMILIES

**WHO REFER A BRAND-NEW FAMILY, WILL RECEIVE
A 10% DISCOUNT OFF YOUR FIRST WEEK OF CAMP!**

MARCH 14TH

KC BOARD MEETING

MARCH 15TH

KC EARLY CLOSURE @ 4:30 PM

MARCH 18TH

APRIL 8TH-12TH SPRING BREAK

FULL DAYS

REGISTRATION IS OPEN!

MARCH 20TH AT 6:00P

STEVENS PTA MEETING

(CHILDCARE PROVIDED BY KC)

APRIL 1ST

24-25 SCHOOL YEAR KINDERGARTEN

REGISTRATION OPENS TO

CURRENT KC FAMILIES!



SUMMER CAMP

 **Registration open Friday, March 1st!**

So, you think you can...
Week 1: July 1st-3rd

Try out some new skills and show off some that you're already good at!

K-Pop Week
Week 3: July 15th-19th

Indulge in the K-POP world for a week and have some fun!

Harry Potter
Week 5: July 29th-August 2nd

This popular week is back for another summer! Travel with us to Hogwarts and enjoy all the magic & fun that comes with it!

The Backyardigans
Week 7: August 12th-16th

Our annual Camp Burton OVERNIGHT week! Enjoy being in nature with us this week. OVERNIGHT is 8/14-8/16

Out of the Box!
Week 2: July 8th-12th

We will be trying some cool team challenges and digital art and more out of the box things!

Taking a Dip!
Week 4: July 22nd-July 26th

Our annual water week is back! Join us in the water!

The Last Kids Club on Earth
Week 6: August 5th-9th

WARNING: Kids Club has been invaded by zombies and aliens! This is our PUZZLE and team building week!

Oh, the Places We'll Go!
Week 8: August 19th-23rd

Explore many places in WA with us on many forms of transportation!

MAKE SURE TO CHECK OUT OUR SUMMER CAMP FLYER & REGISTRATION AVAILABLE ON OUR WEBSITE! ALSO MORE DETAILS INCLUDING PRICING!



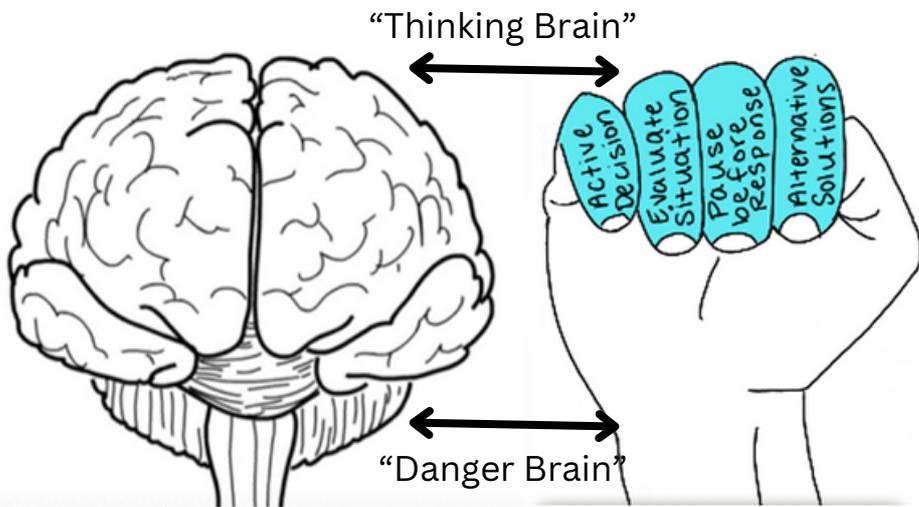
KIDS CLUB CAREGIVER TIP OF THE MONTH!

Have you ever wondered why we might make poor decisions or seem “out of control”?

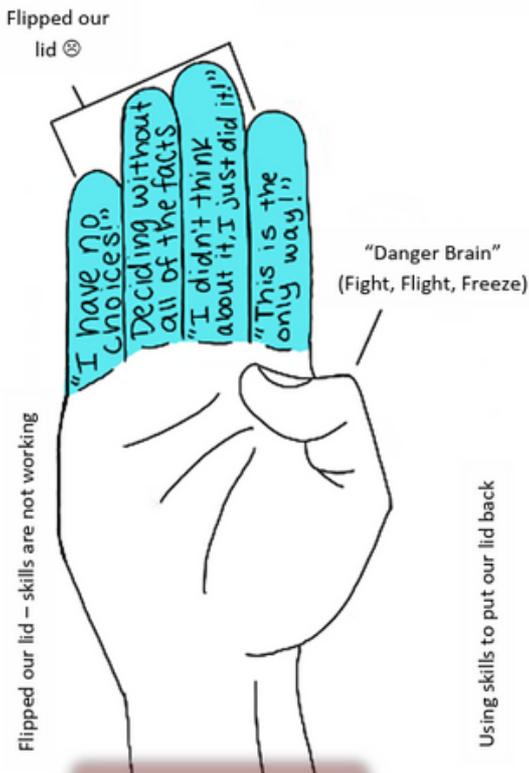
If the limbic system, “danger brain” is firing too much, then the strings of communication between our “danger brain” and our “thinking brain” or cortex can be frayed, snapped, or loosen causing someone to “flip their lid”. These strings must be strengthened or tied securely through practice and support!

As adults in relationships with children, we must help kids strengthen these “strings” by providing them with:

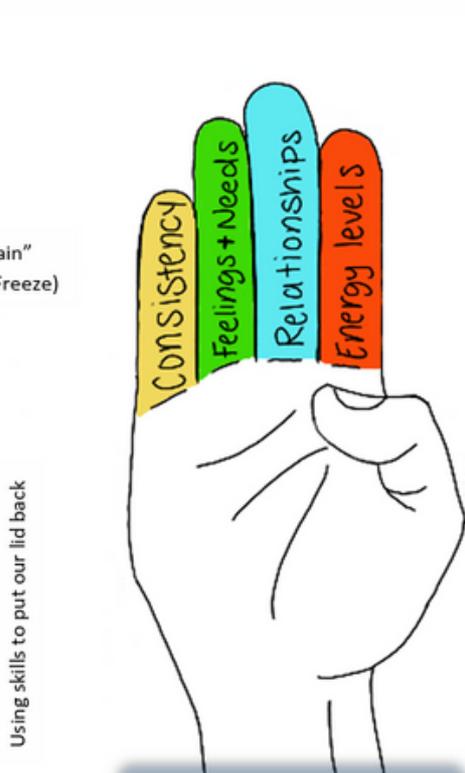
- appropriate connections (emotional and physical)
- helping them to understand what is upsetting them and how to manage that “name it to tame it”!
- creating consistency in their lives with routines, rituals & expectations
- practice problem solving skills when a struggle may come up
- allowing natural consequences to occur
- understanding what helps them regulate their energy!



“Flipping Your Lid” Hand model courtesy of Dan Siegel

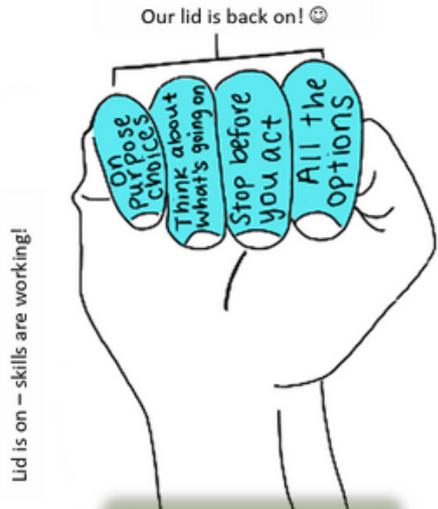


When we “flip our lid”, our brain doesn’t work as well!



Skills we and caregivers use to help us keep our lids on, so we can use our brains!

Check out this video for more!



When we keep our lid on, our brain works better!