

September Snack Calendar 2022

* Fruit is always available during snack time

Monday 9/5/22		Tuesday 9/6/22		Wednesday 9/7/22		Thursday 9/8/22		Friday 9/9/22	
Kids Club Closed		Kids Club Closed		AM	Oatmeal Packet(1) & Orange Juice	AM	Banana (1/2) & Graham Crackers (2)	AM	English Muffin W/ Strawberry Jam
				PM 1st	Mini Bagels (2) W/ Cream Cheese	PM 1st	Fruit Salad *Blueberries,strawberries,blackberries,grapes,apple slices	PM 1st	Crackers(1c) & Cheese Cubes(1c)
				2nd	Goldfish (1C)	2nd	Motts Fruit Snacks (1)	2nd	Cheeze-its
Monday 9/12/22		Tuesday 9/13/22		Wednesday 9/14/22		Thursday 9/15/22		Friday 9/16/22	
AM	Cheerios (1c) & Milk (1c)	AM	Mini Bagels (1) W/ Cream Cheese	AM	Cinnamon & Sugar Toast (2) & Milk	AM	Granola Bar & Cutie (1)	AM	Oatmeal Packet(1) & Fresh Fruit
PM 1st	English Muffin Pizzas (1) Alternative: Red Sauce ONLY & Cutie	PM 1st	Chocolate Chip Pancakes (1 pancake)	PM 1st	Chips (1c) & Guac or Salsa(2T)	PM 1st	Bean & Cheese Burrito (1 whole) Alternative: Refried Bean ONLY Burrito	PM 1st	Fruit Parfaits (1c) *1c Yogurt & 2T Strawberries
2nd	Pirate Booties (1 bag)	2nd	Apple Sauce Packets (1)	2nd	Cheese Square (1)	2nd	Fruit Strip (1)	2nd	Graham Crackers (2)
Monday 9/19/22		Tuesday 9/20/22		Wednesday 9/21/22		Thursday 9/22/22		Friday 9/23/22	
AM	Life Cereal (1c) & Milk (1c)	AM	Oatmeal Packet(1) & Orange Juice	AM	Banana (1/2) & Graham Crackers (2)	AM	English Muffin W/ Strawberry Jam	AM	Cheerios (1c) & Milk (1c)
PM 1st	Tator Tots (7) & Ketchup (2T) w/ Fresh Fruit	PM 1st	Tomato Bisque Soup (1c) & Goldfish	PM 1st	Pita (1) & Hummus	PM 1st	Smoothies (1c)	PM 1st	Grilled Cheese (1) W/ Fresh Fruit
2nd	Granola Bar(1 serving)	2nd	Bag of Pretzels (1)	2nd	Goldfish (1C)	2nd	Popcorn (1)	2nd	GoGurt (1)
Monday 9/26/22		Tuesday 9/27/22		Wednesday 9/28/22		Thursday 9/29/22		Friday 9/30/22	
AM	Rice Krispies Cereal (1c) & Milk (1c)	AM	Eggo Waffles (2) & Syrup	AM	Mini Bagels (2) W/ Cream Cheese	AM	Granola Bar & Cutie (1)	AM	French Toast Sticks (3),syrup(2T0,&Fruit(.5c)
PM 1st	Pesto Pasta (1c)	PM 1st	Trail Mix (1c)	PM 1st	Cucumbers & Carrots w/Ranch & Ritz (5)	PM 1st	Chicken Nuggets w/ Ketchup & Carrots	PM 1st	Cheesy Nachos (1/2c) & Salsa (2T)
2nd	Motts Fruit Snacks (1)	2nd	Graham Crackers (2)	2nd	Granola Bar(1 serving)	2nd	Wheat Thins	2nd	Pretzels (1 bag)